



55TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS & ELECTORAL CONGRESS

1ST TO 7TH SEPTEMBER 2023 - KATHMANDU, FEDERAL DEMOCRATIC REPUBLIC OF NEPAL

Organized by: Nepal Bodybuilding & Fitness Federation

Under The Auspices of: Asian Bodybuilding and Physique Sports Federation

Sanctioned by: World Bodybuilding And Physique Sports Federation

Supported by National Sports Council, Nepal

COMPETITION TERMS AND RULES

REGISTRATION FEES	
Official and Athletes Registration Fees	<p>The total amount of USD 800 for each person for the duration of a 6-night stay in a twin-bedded sharing room. (No triple room will be provided for delegates & athletes with the exception for a child accompanied by their parents upon request, it could be arranged.)</p> <p>This fee includes hotel accommodation, 3 meals per day, a shuttle to and from the airport to the hotel and to the competition venue and a farewell party.</p> <p>The price of the double rooms (USD 800 /6 nights per person x 2 persons= USD1600.00. Single room price USD 1000 for 6 nights. These prices are available for the officials and delegates as well.</p> <p>It is compulsory to pay 100 \$ per room as a hotel security deposit at the time of registration. The same will be refunded only after deducting any damages in the hotels, rooms, auditorium or any other places.</p>
IMPORTANT NOTICE	
<p>Please note: it is compulsory for all the participating athletes, officials and judges must stay in the official hotel provided by the organizers. Those who do not stay in the official hotel will not be allowed to participate in the said championship.</p>	
WBPF Executive Committee:	<p>ABBF Executive Committee members are exempted from paying the Registration Fees, including Patrons and Honorary Life Members. ABBF Executive Committee Members are allowed to be accompanied by their spouse only. Their accommodation, Meals, etc. are on gratis. Standing Committee Members with the exception of the Chairman and Secretary of each Sub Committee may have to share a twin sharing room. If a Sub Committee Member requests a single room, he/she must pay the difference of USD 400.00 for a single room for the duration of 6 nights.</p>
Early Arrivals and Late Departures	<p>Officials and athletes arriving early may check directly with the hotel provided by the organizer, however, from 1st to 7th September 2023, they have to comply with the Organizing Committee rules and abide to pay the charges in full to the host country, failing which they will not be eligible to participate. Transportation to the hotel for early arrivals and late departures will not be the responsibility of the organizer.</p>

Please note:

For early arrival and late departure, shuttle services will not be provided. You need to find your own transport.

IMPORTANT NOTICE

PLEASE ADVISE YOUR TEAM BEFORE DEPARTURE NOT TO INCUR ADDITIONAL EXPENSES.

Extra Officials

Any judges, coaches or trainers who are not officially participating as an Athlete or Delegates will be responsible for all of their own expenses. Only those whose names are officially recommended in the official entry form by the respective national federation will be allowed to participate as an athlete, official, judge and supporter of that respective country. This rule is also applicable to family members.

NO EXCEPTION WILL BE MADE UNDER ANY CIRCUMSTANCES.

Payments

Only cash payments in USD-United States Dollars will be accepted for Registration Fees.
You may use Credit Card payment in large departmental stores. It is to be noted by the Guests that all Malls/Departmental stores/Chemists are not having the facility of accepting US Dollars. The rate of exchange from US\$ to Nepali Rupee may differ at the time of Registration.

JUDGES

In order to assist the ABBF Judges Committee in their selection of judges for this Championship, please forward your nomination for Judges from your National Federation as soon as possible but no later than 20th July, 2023. Judges must possess WBPF International recognized judge's card and must produce it to the Judges Committee. Judge's nomination to be sent to Ms. Christina Y Kam @ - wbpsf.ckam@yahoo.com

ALL JUDGES MUST POSSESS A VALID WBPF JUDGES LICENCE CARD TO OFFICIATE IN THE WORLD CHAMPIONSHIPS WITHOUT WHICH THEY SHALL NOT BE ALLOWED TO OFFCIATE AS A JUDGE.

IMPORTANT NOTICE

Each athlete and the official who wishes to participate in the said championship must stay at the official hotel by paying the requisite Registration Fees. Those who bypass the rules and book directly with the hotel will not be eligible to participate in the said championship, attend all the functions (breakfast, lunch and dinner) including entry into the competition venue. No I.D. cards will be issued. They will not be picked up at the airport to the hotel vis a vis for departure as well.

Kindly nominate the name of your judges in advance; last-minute submissions will be rejected. All judges should use a grey suit with the official logo of WBPF and female judges with a grey blazer with a grey skirt or dress pants.

PARTICIPATION RULES

- 1) Official or any other guests requesting for a single room have to pay the differences levied by the organizer based on the supporter's rates published herein.
- 2) One judge per country will be allowed on gratis (No registration fee to pay) however, the judge must share a twin bedroom with other judges or officials.
- 3) However, a country participating with woman athletes may send 1 (one) extra female judge and no need to pay the registration fee as well but need to share a twin bedroom with another official of the same gender.
- 4) If more than 2 (two) judges (one male and one female) are nominated, he or she has to pay the registration fee, however, a country will be limited to entering two extra judges only, including one female judge to enjoy this privilege of sharing a twin room.

ADDITIONAL IMPORTANT NOTICE

- 1) No smoking is allowed at the venue hall. A fine will be imposed if you break the Rules at the venue.
- 2) From the TRIBHUVAN INTERNATIONAL AIRPORT, the bus ride will take approximately one hour (1) to your hotel. It is very important that you should DEPART four (4) hours earlier to the Tribhuvan International Airport as the traffic is heavy on the highway and if there were to be any breakdown of vehicles or bad weather, you will be delayed.
- 3) The host country shall not be responsible for any loss of valuables or passports etc. It is the responsibility of the team manager of each country to take care of this kind of situation. Any charges incurred for their extra day's stay or other expenses have to be borne by themselves.
- 4) Supporters who are arriving with the athletes (family members) will not be picked up from the airport or shall be boarded on the bus for the return trip to the Tribhuvan International Airport in Kathmandu.

Two (2) hotels have been booked for your comfortable stay in Kathmandu, Nepal from 1st to 7th September, 2023.

Yak & Yeti Hotel – Paryatak Marg, Durbar Marg, Ward No:1, Kathmandu, Province 3, Nepal.
Tel : +977 1 4248999 / +977 1 4240520

Radisson Hotel Kathmandu – Lazimpat, Ward No:2, Kathmandu 44601, Nepal.
Tel : +977 1 4411818 / +977 1 4411720

The Complete Inspection report of the Hotel, venue and other vital information of the 55th Asian Bodybuilding & Physique Sports Championship and Electoral Congress is submitted herewith for your easy reference.